



Product Name: Salt-free Organic Garlic Herb Seasoning

Description: Garlic herb blend that has no salt added.

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### Physical Properties

Appearance	Varying from green, beige orange and red uniform.
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### Organoleptic Properties

Aroma	Earthy, green aroma with garlic
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### Packaging, Labeling, Storage

Packaging	Plastic jar, bag in box or to customer specification.
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Receiving Conditions	Product should be shipped and handled in a sanitary manner.
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Storage Conditions	Store in a dry, cool place.
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Shelf Life	36 months (under optimum storage conditions).
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### Other

Gluten Status	This product (and if applicable its ingredients) by nature does not contain the gluten proteins found in wheat, rye or barley. This product has not been tested to verify gluten levels less than 20 ppm.
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Natural Status	This product is a 100% pure, natural substance. It does not contain any artificial, synthetic or natural identical additives.
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BE Status	This product does not contain bioengineered ingredients.
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Vegan Status	This product does not contain any animal derived products including meat, milk, seafood, eggs, honey or bone char.
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Halal Status	This product does not contain alcohol, natural L-cysteine extracted from hair or feathers, animal fats and/or extracts, bloods of any origin, blood plasma, pork and/or other meat by-products & alcohol is not used as a processing aid.
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SDS Waiver	To the best of our knowledge this product is non-hazardous and not subject to the requirements of 29 CFR 1910.1200. Although this product does not require specific hazard precautions, users should take care to minimize personnel exposure and workplace contamination.
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## ALLERGEN STATEMENT FOR SALT-FREE ORGANIC GARLIC HERB SEASONING

"Q #1: Does the item above contain any of the following allergens or their derivatives?"		"Q #2: Is the item above produced on equipment that comes in contact with any of the following allergens?"		"Q #3: Is the item above produced in a facility that uses or processes these allergens?"		ALLERGENS
YES	NO	YES	NO	YES	NO	
	X	X		X		MILK
	X	X		X		EGGS
	X	X		X		SOYBEANS
	X	X		X		WHEAT
	X		X		X	PEANUTS
	X	X		X		TREE NUTS
	X		X		X	FISH
	X		X		X	CRUSTACEAN SHELLFISH
	X	X		X		SESAME
X		X		X		MUSTARD
	X	X		X		ADDED SULFITES

Equipment is cleaned and sanitized between production runs to prevent allergens from contaminating non-allergenic products.



OliveNation LLC

50 Terminal St., Bldg. 2, Ste. 712, Charlestown, MA 02129

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Product Name: Salt-free Organic Garlic Herb Seasoning

### **Ingredient Statement**

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Organic garlic, organic onion, organic spices, organic carrots, organic tomato, organic orange powder (peel & pulp), citric acid. Contains mustard.

### **Product Certifications**

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Certified Kosher Parve

Certified Organic by International Certification Services, Inc.

### **Nutritional Analysis**

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Serving Size	100.00	g
Calories	336.00	
Total Fat	2.67	g
Saturated Fat	0.70	g
Trans. Fat	0.00	g
Cholesterol	0.00	mg
Sodium	74.78	mg
Total Carbohydrates	74.29	g
Dietary Fiber	12.73	g
Sugars	21.35	g
Protein	12.21	g
Vitamin A	3,632.96	IU
Vitamin C	50.00	mg
Calcium	319.90	mg
Iron	10.00	mg
Added Sugars	0.00	g
Vitamin D	0.00	mcg
Potassium	1,612.80	mg



STORE IN A DRY, COOL PLACE.

## SALT-FREE ORGANIC GARLIC HERB SEASONING

This versatile seasoning is a classic blend of savory garlic and onion, aromatic vegetables, and a medley of fragrant herbs. Use it to add a balanced, herbaceous flavor to anything from meat and seafood to pasta and potatoes.

- Fragrant, herbaceous aroma and deeply savory flavor
- USDA Certified Organic
- Contains mustard

### Nutrition Facts

servings per container	
<b>Serving size</b> 1/4 tsp (.5g)	
<b>Amount per serving</b>	
<b>Calories</b>	<b>0</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 0 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 0 g	
Vitamin D 0.0 mcg	<b>0%</b>
Calcium 1.6 mg	<b>0%</b>
Iron 0.1 mg	<b>0%</b>
Potassium 8.1 mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

Organic Garlic, Organic Onion, Organic Spices, Organic Carrots, Organic Tomato, Organic Orange Powder (peel & Pulp), Citric Acid. Contains Mustard.

### BASIC PREP

Ready to use. Add to taste.

### SUGGESTED USES

- Include in dry rubs and marinades for a savory, herbaceous flavor
- Sprinkle onto French fries or roasted potatoes
- Whisk into soups or stews

### RECIPE

Crispy No-Salt Garlic and Herb-Crusted Baked Tilapia

- 1 tablespoon olive oil
- 1 cup Blanched Almond Meal
- 1 tablespoon No-Salt Garlic Herb Seasoning
- 1 egg, lightly beaten
- 4 tilapia filets

Preheat oven to 350°F. Use olive oil to lightly grease a baking sheet.

Combine Blanched Almond Meal and No-Salt Garlic Herb Seasoning on a small plate, and stir to incorporate seasoning. Working quickly, pat each fillet dry with a paper towel, then dip it first in egg and then in the breading mixture, coating thoroughly. Place on the prepared baking sheet, and bake for 6-8 minutes, depending upon the thickness of the filets. Serve immediately.

Makes 4 servings

Being on a no-salt diet doesn't have to mean sacrificing flavor, as this simple crispy baked fish recipe proves. Using Blanched Almond Meal instead of breadcrumbs in the crispy coating further reduces the sodium content and adds healthy fats, while our No-Salt Garlic Herb Seasoning adds bold, savory flavor. Serve with a green salad and boiled new potatoes (the seasoning is great on them, too) for a healthy, delicious meal.



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COUNTRY OF ORIGIN DECLARATION FOR  
SALT-FREE ORGANIC GARLIC HERB SEASONING

THIS PRODUCT ORIGINATES FROM UNITED STATES