

Description: Coconut Palm Sugar, also known as coconut sugar, is produced from the nectar of the coconut palm flower. It is similar in sweetness to brown sugar, boasting a light caramel flavor.

Physical Properties		
Appearance	Brown granules	
Size	Minimum 90% - US #16 Screen	
Organoleptic Properties		
Flavor	Sweet, coconut.	
Chemical Properties		
Moisture	Maximum: 5 %	Method: Halogen Thermogravimetric Analysis
Packaging, Labeling, Storage		
Packaging	Plastic jar, bag in box or to customer spec	ification.
Receiving Conditions	Product should be shipped and handled in	a sanitary manner.
Storage Conditions	Store in a odor-free dry, cool place.	
Shelf Life	36 months (under optimum storage condit	tions).
Other		
Gluten Status	This product (and if applicable its ingredic the gluten proteins found in wheat, rye or been tested to verify gluten levels less that	barley. This product has not
Natural Status	This product is a 100% pure, natural substartificial, synthetic or natural identical add	
BE Status	This product does not contain bioengineer	red ingredients.
Vegan Status	This product does not contain any animal meat, milk, seafood, eggs, honey or bone	
Halal Status	This product does not contain alcohol, nat hair or feathers, animal fats and/or extract plasma, pork and/or other meat by-produc processing aid.	s, bloods of any origin, blood
SDS Waiver	To the best of our knowledge this product subject to the requirements of 29 CFR 191 does not require specific hazard precaution	10.1200. Although this product



above contain any p		"Q #2: Is the item above produced on equipment that comes in contact with any of the following allergens?"		"Q #3: Is the item above produced in a facility that uses or processes these allergens?"		ALLERGENS
YES	NO	YES	NO	YES	NO	
	Х	Х		X		MILK
	Х	X		X		EGGS
	Х	Х		X		SOYBEANS
	X	X		X		WHEAT
	Х		Х		Х	PEANUTS
	X	Х		X		TREE NUTS
	Х		Х		Х	FISH
	Х		Х		Х	CRUSTACEAN SHELLFISH
	Х	Х		Х		SESAME
	Х	Х		Х		MUSTARD
	Х	Х		Х		ADDED SULFITES

Equipment is cleaned and sanitized between production runs to prevent allergens from contaminating non-allergenic products.



Ingredient Statement		
Coconut sap sugar.		
Product Certifications		
Certified Kosher Parve		
Proximate Analysis		
Protein	0.00	g
Carbohydrate	99.00	g
Moisture	1.00	g
Ash	0.00	g
Fat	0.00	g
Nutritional Analysis		
Serving Size	100.00	g
Calories	360.00	0
Total Fat	0.00	g
Saturated Fat	0.00	g
Trans. Fat	0.00	g
Cholesterol	0.00	mg
Sodium	40.00	mg
Total Carbohydrates	99.00	g
Dietary Fiber	0.00	g
Sugars	99.00	g
Protein	0.00	g
Vitamin A	0.00	IU
Vitamin C	24.00	mg
Calcium	0.00	mg
Iron	3.60	mg
Added Sugars	99.00	g
Vitamin D	0.00	mcg
Potassium	940.00	mg

This specification represents all package configurations for this product .

Our published limits are based on product that has been processed under good agricultural and good manufacturing practices and not on individual product analysis. Raw agricultural products will contain related foreign material. Product shall be manufactured and stored in accordance with current good manufacturing practices and conform to the Federal Food, Drug & Cosmetic Act and its Amendments. This specification is based on current crop attributes and availability, and is subject to change due to uncontrollable conditions in source countries. This information is confidential and disclosure is prohibited without written authorization from OliveNation LLC.



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SUGGESTED USES

· Add to coffee or tea to sweeten

glycemic diets

· Use in place of traditional cane sugar in any

· Use as a lighter substitute for sugar in low-

- Creamy beige to caramel brown
- Granulated powder
- Naturally gluten free

STORE IN A DRY, COOL PLACE.

Nutrition Facts

servings per container Serving size 2 tsp (8g)

Amount per serving Calories

30

Calories	50
% [Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 q	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium _{0 mg}	0%
Total Carbohydrate 8 g	3%
Dietary Fiber _{0 q}	0%
Total Sugars 8 g	
Includes 8 g Added Sugars	16%
Protein 0 g	
Vitamin D 0.0 mcg	0%
Calcium 0.0 mg	0%
Iron 0.3 mg	0%
Potassium 75.2 mg	0%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BASIC PREP

Ready to use. Add to taste.

RECIPE

No-Bake Vegan Peanut Butter Chocolate Bars

1 cup unsweetened natural creamy peanut butter

1 cup Organic Coconut Flour, sifted

1 cup Blanched Almond Meal

1/2 cup Coconut Palm Sugar 1/2 teaspoon fine sea salt

1/4 to 1/2 cup unsweetened almond milk

1/2 cup coconut oil

1/2 cup unsweetened cocoa powder

3 tablespoons maple syrup

1/2 teaspoon pure vanilla extract

Line a 9 by 9-inch baking pan with two crossed pieces of parchment paper cut slightly larger than the pan, so there is overhang on all

Combine Organic Coconut Flour, Blanched Almond Meal, Coconut Palm Sugar and sea salt in a large mixing bowl, stirring until well combined. Stir in peanut butter until well incorporated; mixture will be crumbly.

Add almond milk, one tablespoon at a time, until mixture becomes dense and smooth. Press peanut butter mixture into prepared pan, creating an even layer.

Melt coconut oil in a saucepan over medium-low heat. Stir in cocoa powder, honey and vanilla extract until smooth and fully incorporated. Pour chocolate mixture over peanut butter mixture in pan, and place in refrigerator at least 2 hours, until firm. Remove from pan, and cut into 9 equal-size squares.

Makes 9 servings

The classic combination of peanut butter and chocolate never fails to delight. This treat is a somewhat healthier rendition, using all vegan and grain-free ingredients, as well as coconut sugar, which is minimally processed and has a much lower glycemic index than refined white sugar.

INGREDIENTS

Coconut Sap Sugar.



THIS PRODUCT ORIGINATES FROM INDONESIA