

PRODUCT SPECIFICATION

DRIED WHOLE SHIITAKE MUSHROOM				
DESCRIPTION	Dried Shiitake Mushroom			
BOTANICAL NAME	Lentinus Edodes			
ORIGIN	China			
ITEM CODES	Whole small (2 to 3 cm cap) – item code MSH Whole medium (3 to 4 cm cap) – item code MSH34			
BRAND	NONE			
INGREDIENTS	Dried shiitake mushroom			
OTHER CHARACTERISTICS	 Color – white to beige under cap, and dark brown on top; some caps have the typical "flower" pattern when the cap skin splits as it dries Consistency – firm to very hard Aroma – light, typical earthy aroma Flavor – mild, typical of shiitake mushroom 			
ALLERGEN STATEMENT	This product contains sulfite (from 0 to 100 ppm)*			
GMO	This product contains no GMO			
PACK AND SIZE	Packed in 1-lb resealable poly bags or in bulk per each customer's request. Minimum order 1 pound			
STORAGE AND SHELF LIFE	Store dried mushrooms in a freezer at 0 degrees Fahrenheit for an indefinite shelf life. To prevent breakage, thaw the dried mushrooms for at least two hours if taken directly from the freezer. Outside of a freezer, store in a cool, dry area of no more than 65 degrees Fahrenheit for a minimum shelf life of 2 years.** Do not store dried mushrooms in humid conditions. Keep unused portion in sealed containers to prevent insect infestation and/ or contamination from outside odors/aroma.			
KOSHER CERTIFICATE	By Kosher Supervision of America (KSA)			
DIRECTIONS	Re-hydrate mushrooms in warm water for approximately 20 to 30 minutes. Rinse thoroughly and cook according to your recipe.			

This is NOT a Ready-to-Eat Product. It must be cooked prior to consumption.

* No sulfites are added to the mushrooms. Small amounts of sulfites are inherent in fresh mushrooms. Sulfite amounts of 0 to 100 parts per million (ppm) have been detected in dried mushrooms.

** The shelf life of dried mushrooms is affected by not only temperature, but also humidity. By the nature of dired mushrooms, it is already preserved. However, with time and exposure, mushrooms will become discolored or lose flavor but are still very much edible. We store our dry mushrooms in the freezer at approximately -4 or -6 degrees Fahrenheit.



OliveNation LLC 13 Robbie Road, Suite A4, Avon, MA 02322 www.OliveNation.com / 617-580-3667

ALLERGEN STATEMENT

DRIED WHOLE SHIITAKE MUSHROOM

Component and derivative	Present in Product	Present in other products mfg on same line	Present in the same mfg plant
Barley, Rye Oats	No	No	No
Celery (not including seeds)	No	No	No
Corn	No	No	No
Egg	No	No	No
Fin Fish	No	No	No
Milk	No	No	No
Monosodium Glutamate	No	No	No
Peanuts	No	No	No
Seeds (Poppy, Sunflower, cottonseed)	No	No	No
Sesame Seeds	No	No	No
Shell Fish	No	No	No
Soybean Oil	No	No	No
Soybeans	No	No	No
Sulphites (enter max PPM)	<100	<100	<100
Tree Nuts	No	No	Yes
Wheat	No	No	No
Yellow 5 (Tartraznine)	No	No	No
Latex	No	No	No



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	Package Size	
In G	rams	100
Water	g	9.5
Energy	kcal	296
Energy	kJ	1238
Protein	g	9.58
Total lipid	g	0.99
Ash	g	4.56
Carbohydrate	g	75.37
Dietary Fiber	g	11.5
Sugars	g	2.21
Minerals		
Calcium	mg	11
Iron	mg	1.72
Magnesium	mg	132
Phosphorus	mg	294
Potassium	mg	1534
Sodium	mg	13
Zinc	mg	7.66
Copper	mg	5.165
Manganese	mg	1.176
Selenium	μg	46.1
Vitamins		
Vitamin C	mg	3.5
Thiamin	mg	0.3
Riboflavin	mg	1.27
Niacin	mg	14.1
Pantothenic acid	mg	21.879
Vitamin B-6	mg	0.965
Folate, total	μg	163
Folate, food	μg	163
Folate DFE	μg	163
Choline, total	mg	201.7
Vitamin D	μg	3.9
Vitamin D	IU	154